



# THE *Circuit Rider*

**Bourne, Cataumet, West Falmouth Parish United Methodist Newsletter**

## **Karen Lilli Pax, Pastor**

karenlillipax@gmail.com  
914-309-8479



### **BOURNE UMC**

PO Box 3037  
37 Sandwich Rd  
Bourne, MA 02532  
**Sunday Service 10:30am**

Secretary: Vicki Horne  
Office: (508) 759-4898  
Office Hours: Tues/Thurs 9-2  
Email: bumcsecretary37@gmail.com

### **CATAUMET UMC**

PO Box 812  
1091 County Rd  
Cataumet, MA 02534  
**Sunday Service  
9:00am**



Secretary: Linda Henderson  
Office (508) 563-3555  
Email: cumcsecretary2@gmail.com

### **WEST FALMOUTH UMC**

PO Box 303  
636 W. Falmouth Hwy  
West Falmouth, MA 02547  
**Sunday Service: 8:15am**



Secretary: Eva Peterson  
Email: churchsec.wf@gmail.com

Visit us on FaceBook!

Parish Website  
www.bcwfp parish.org



## IN MEMORIAM

We mourn the loss of our beloved Former Bishop Sudarshana Devadhar. Bishop Peggy Johnson said, "Bishop Devadhar was a faithful light to our conference; his dedication extending his service into what would have been his retirement. He has left us an indelible legacy that lives on among us even now."

Please keep Prema and the family in your prayers.  
Condolences may be sent to: 7128 Thorndale Lane,  
Cincinnati, OH 45244

### ***From the Pastor***

I take great inspiration in the lives and words of the mystics. They describe experiences of God that shape my prayers and my thoughts, and my way of being in the world.

One of my favorites is Rumi, a 13th century Persian poet, scholar, theologian and Sufi mystic, who said:

*Your heart knows the way.  
Run in that direction.*

- RUMI



We have within us that spark of the Holy Spirit. Once in a while we ought to look down and see which direction our feet are pointing, and make sure they agree with what our hearts are telling us.

See you in church.

*Karen Lilli Pax*

## Jace Andrew Cavanaugh

On July 9, 2023, Jace Andrew Cavanaugh was baptized and is the newest member of the Bourne United Methodist Church.

He is pictured here with parents Haylee and Andrew Cavanaugh, and was joined in worship by about thirty family members and friends. The Cavanaughs live in Plymouth, and several generations are connected to Bourne UMC.

Welcome to the family, Jace!



## Pumpkins Are Growing In New Mexico!

The Pumpkin Patch planning team met again in June to discuss next steps to be ready for the arrival of the pumpkins on Oct 1.

Several sub-groups are already at work preparing for PP23—all are welcome to join one or more of these groups. Please contact the group leaders to join the fun—Outreach and Communications (Susan Goux, Kathy Parsons), Patch set-up/take down (Stu Parsons, Arne Carr), Patch Decoration (Sue Pelletier, Tom Duce), Pumpkin Day (ie when pumpkins arrive—Kathy Parsons, Cathy Tibbetts), Patch Staffing (Julita and Steve Lucas), Patch Activities (such as Childrens' Day—Joan Davis), and Finances (Carol Ann Dubois, Cathy Tibbetts, Steve Lucas).

We hope everyone in our West Falmouth/Cataumet/Bourne parish will find a place in the patch—there are many ways to bless our work together for local families!

## Cataumet Church Community

The Cataumet congregation began a program to assist the Cataumet shelter on 28A several months ago. A separate collection plate is set out for gift cards of \$25 for Market Basket and for cash donations of any amount toward a gift card.

As we are able, we purchase more gift cards. When we have a number of gift cards, they are delivered to the director who will distribute them to families. Families are able to take the town bus to Market Basket where they can make purchases for items needed. Our members are supportive and the shelter is grateful for this assistance.

## Cataumet UMC hosts Ice Cream Social



About 35 to 40 happy ice cream lovers attended the Ice Cream Social at the Cataumet church on Sunday, July 16.

The Cataumet Civic Association (CCA) co-hosted the event and its members helped with the set up in Handy Hall and with serving the many flavors of ice cream.



Attendees came from the CCA as well West Falmouth church, Bourne & Cataumet congregation. It was a great opportunity to chat with old friends and make new acquaintances.

# F A I T H P R O F I L E S

## Carol Ann Dubois

Cataumet UMC



I was born in Illinois and was baptized in the Methodist Church. At age twelve, my family moved to Minnesota. I was active in church, sang in the choir, and went to MYF. In ninth or tenth grade, I went to a church conference and the theme was how we were the salt of the earth, and that responsibility has stuck with me. I still think about it.



I have been involved in scouting since I was a child, and then became a scout leader—Brownies, Junior Troop, Cadets, and Seniors, receiving a *Thanks Badge* for all my work.

I attended Dakota Wesleyan University in South Dakota, where I studied education (English), studied speech and drama, and minored in German. I was active in Student Council (secretary), Yearbook editor senior year, wrote for the newspaper, became a life-guard and taught swimming, and did synchronized swimming. I got married after college and had two children; Larry and Jennifer.



I have lived in Pocasset in the same house since 1971. I have been active in both the Bourne and Cataumet Churches since my kids were small.

I taught Sunday school, have been chair of the OUTREACH committee for more than fifteen years, and am involved in the Pumpkin Patch.



***What lies behind us  
and what lies before us  
are small matters  
compared to  
what lies  
within us.***

***- Emerson***

I love poetry, especially Mary Oliver, and I love singing. I grew up with the hymns and I sing them all the time. When I was young, we always sang in the car when we traveled. My mother knew all the old hymns like *I Come to the Garden*. I love *Let There Be Peace on Earth*, and *You'll Never Walk Alone*.



*FAITH PROFILES will be a regular feature of our newsletter each month to help acquaint members of the three churches with each other.*

## God Charged Us To Be Stewards Of The Earth

On June 25th, we celebrated the declaration, by Bishop Peggy Johnson, of Green Church Sunday in the NE UMC Conference. The Green Church movement is an active and practical way to respond to the climate crisis on the congregational level.

A few suggestions from Conference for how we can respond in small ways:

1. Reduce disposable products (including plastic bags) in the church. Eliminate environmentally unfriendly products like styrofoam.
2. Encourage the congregation to use eco-friendly products (a mug, an eco-bag, etc)
3. Actively practice recycling in the church.

Many groups in our church have been thinking responsibly already in the way they manage their projects such as:

1. the Thrift Shop provides the community a way to recycle many items and the items they receive that cannot be used are further recycled;
2. the Children's Clothing group does the same;
3. church trash is managed in a way that makes recycling possible; and
4. the Trustees conscious of the energy use in the church and in the fertilizers in the lawns.

This is a good start but there is so much more we can do. People have started bringing in their own mugs. And building on this thought, we need a place to put the mugs, so they are readily available on Sunday. Do you have an idea how that could work? Do you have an extra mug at home to share? If so, bring it in! Someone may need a mug! Even small things done by everyone can have a big impact. But there is so much more we can do if we set our minds to it.

Do you have ideas for ways our church can help? In Genesis 2:15, God entrusted the earth to our care – we are stewards of the earth. If you have an idea for our church and/or our community, let us know. We can share it with others and even start a newsletter column of good ideas.

## Singing is Good for You!

Did you know that singing is good for your health?

It improves your cognitive skill and lights up many areas of the brain as you work with pitch, rhythm, text and expression.

Choir rehearses on **Wednesday evenings 7:00-8:15pm**, and have a short **warm-up Sunday mornings at 10:00am**.

Choir rehearsals will resume on **September 6, 2023**.



## Friendship and Fun Community Playgroup

The Friendship and Fun Community Playgroup continues to meet every **Thursday from 10-12** in the nursery. Recently we added an AC unit to the playroom as summertime jumping and jiving has been happening. Some new families have joined our weekly fun and we continue to show gratitude for its growth.

## Special Offering for Vermont

Bishop Peggy Johnson requested our churches take a special offering for VERMONT on July 16, 2023, for relief from the recent flooding. Our parish has sent \$408 - West Falmouth, \$110, Cataumet \$90, and Bourne, \$208. Many thanks for your generous response!

## INVITATION TO SMALL GROUP

### *Passing the Word* THE 3000 YEAR JOURNEY



A look at how the Bible has survived over the centuries, from its beginnings as stories of the Old Testament about 800 BCE, through the addition of the New Testament in the 1<sup>st</sup> and 2<sup>nd</sup> centuries CE.

- IN PERSON -

THURSDAY, AUGUST 17, 2023  
at 7:00PM

BOURNE UMC—CRAIN HALL  
*email karenlillipax@gmail.com*  
*to receive preparation materials*

### **August Birthdays**

Virginia Landers 8/4  
Don Maclean 8/8  
Karen Lilli Pax 8/12  
Betty Long 8/15  
Arne Carr 8/17  
Patti Parker 8/19  
Andy Hall 8/20  
Van Blakeman 8/21  
Keira Green 8/22  
Pete Duval 8/24  
Ron Johnson III 8/27  
Rebecca Hewett 8/29  
Anne Marie Seitzinger 8/29  
Sandra Smith 8/29

### **August Anniversaries**

Chris and Donna Mark 8/5  
Eric & Wendy Weston 8/13  
Pete and Rae Chilson 8/17  
Sam and Dorothy Molind 8/18  
Bill & Elaine Mahoney 8/23

### **A note from Vicki**

Please submit your photo for the new all-parish directory, or schedule a time with your representative to have it taken. To date, I have received **TWO** photos.

### **Prayer List**

Elwin Barnes, Yvonne Beatty, Fred Bartholomew, the Carr family, Taryn Cusolito, Dottie & Robbie Cotter, Carol Ann Dubois, family of Former Bishop Sudarshana Devadhar, Brenda Fielding, Donna Frink and family, Tracy Jaekel, Amy, Eric and Cheryl Johnson, Priscilla Manning, the family of Linda Maxa, Joyce McLane, Jen and Ashley Moran, Family of Helen Prior, Peter Smith, Wilma and Max Smollen, Arlene and Ed Wheeler, Bishop Peggy A. Johnson, District Superintendent Wanda Santos-Perez.

# August 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 <b>10am Children's Clothing Exchange</b>
6	7	8	9	10 <b>5:30 Finance 6:30 Council</b>	11	12
13	14	15	16	17 <b>7pm Small Group</b>	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## BUMC Regular Monthly Events

**Sunday: 10:30am** Worship  
7pm Bible Book Club

**Monday: 10am** Meditation  
8pm AA

**Tuesday: 7pm** AA

**Wednesday: 10am** Prayer Group  
(2nd & 4th)  
7pm AA

**Thursday: 10am** F & F  
Community Playgroup  
7pm AA

## CUMC Regular Monthly Events

**Sunday: 8:15am** Choir Practice  
9:00am Worship  
7:30pm AA

**Monday: 7:30pm** NA

**Tuesday: 7:30pm** AA

**Thursday: 6pm** AA

## WFUMC Regular Monthly Events

**Sunday: 8:15am** Worship

**Wednesday: 9:30am** Al-Anon

**Our Thrift Shop is Open everyday except Sunday from 10am-3pm.**