



THE *Circuit Rider*

Bourne, Cataumet, West Falmouth Parish United Methodist Newsletter

Karen Lilli Pax, Pastor

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BOURNE UMC
PO Box 3037
37 Sandwich Rd
Bourne, MA 02532
Sunday Service 10:30am

Secretary: Vicki Horne
Office: (508) 759-4898
Office Hours: Tues/Thurs 9-2
Email: bumcsecretary37@gmail.com

CATAUMET UMC
PO Box 812
1091 County Rd
Cataumet, MA 02534
**Sunday Service
9:00am**



Secretary: Linda Henderson
Office (508) 563-3555
Email: cumcsecretary2@gmail.com



WEST FALMOUTH UMC
PO Box 303
636 W. Falmouth Hwy
West Falmouth, MA 02547
Sunday Service: 8:15am

Secretary: Eva Peterson
Email: churchsec.wf@gmail.com

Visit us on FaceBook!
Parish Website
www.bcwfp parish.org



ALL-PARISH CHARGE CONFERENCE

with DS Rev. Wanda Santos-Perez

Sunday afternoon **October 22, 2023**
at Bourne UMC

Forms should be started in September to be ready for the deadlines below

DEADLINE FOR SUBMITTING ONLINE FORMS:

OCTOBER 6th

DEADLINE FOR REPORTS FOR BOOKLETS:

OCTOBER 10th

From the Pastor

Rosh Hashanah begins on Friday, September 15 and ends at sundown on Sunday, September 17. It is the Jewish New Year, celebrated with challah bread and apples dipped in honey, signifying wishes for a sweet new year.

In our culture, September is the start of a new school year, which has its own auspicious sense of beginnings.

New year, new semester, new ideas...in every moment we have a new opportunity to begin again; to embody a better version of ourselves.

The blessing for Rosh Hashanah is *l'shana tova tikateyvu*, which means "May you be written in the Book of Life for a good year."

Whatever changes within yourself that you wish to make, may you be blessed with sweetness, and given the grace and courage to begin.

See you in church.

Karen Lilli Pax

Harvest has begun!

Pumpkins for our Pumpkin Patch (and about a thousand others!) are being harvested this month on 1,200 acres of farmland of the Navajo Nation in New Mexico. About 2,000 pumpkins will arrive at BUMC on October 1st.

Sales of the pumpkins to more than a thousand customers will yield thousands of dollars for the Navajo farmers and for the Bourne Food Pantry: \$18,563 to the Navajo last year, and \$12,375 to the food pantry. So many thousands!

Surely the presence of the Lord is in this place (Genesis 28:16).

Friendship and Fun Community Playgroup

As we near the end of the summer season here at Friendship & Fun Community Playgroup 3 children will be transitioning to school. Keeping this in mind we ask that you keep the kids group in your continued prayers. We have 2 new families that have come to share, explore and play together and our gratitude for the socialization continues to grow!

Singing is Good for You!

Did you know that singing is good for your health?

It improves your cognitive skill and lights up many areas of the brain as you work with pitch, rhythm, text and expression.

Choir rehearses on
**Wednesday evenings
7:00-8:15pm**, and have a short **warm-up
Sunday mornings at 10:00am**.

Choir rehearsals will resume on **September 6, 2023**.



Bell Choir Visits West Falmouth



Bell Ringers from the Cataumet UMC visited the West Falmouth Church on Sunday, August 27, 2023 to play the prelude and first hymn at their 8:15 AM service.

Director Bob George and his wife Cathy organized and prepared music for the occasion. Not all of the usual eight bell ringers were available, so Bob did special arrangements of their two pieces that just five ringers could play.

The prelude was *Hyfrydol*, a hymn tune most often sung as *Come, Thou Long-Expected Jesus*. The bells also played the introduction to the opening hymn, the hymn tune *Ein Feste Burg*, whose most familiar text is *A Mighty Fortress Is Our God*.

The Georges had been working on a plan to take the bells to West Falmouth for many weeks. They were pleased to share the joy in music-making that the bell ringers experience in rehearsing and adding bells to the worship service in Cataumet during the summer and several other times during the year.

Pictured above, left to right, are ringers Susan Flynn, Tatsiana Mazheika, Karen Lilli Pax, Cathy George, and director Bob George.

United Women in Faith

The first Fall meeting of The United Women in Faith (UMW) will be on the second Monday in September, **September 11th**, at **12:30** in Crain Hall. Julita Lucas will be sharing stories (and pictures!) of her passion for photography. Come join us ! Bring a bag lunch....beverage and dessert will be provided.

Questions? Need a ride? Call Joan Davis 508-759-2104

Alden Cook

West Falmouth UMC



The Official Greeter at WFUMC

I was born in Portland, Maine and grew up in South Portland. My father worked at Bath Iron Works and later at the Portsmouth Naval Shipyard. When I was four, we moved to Kennebunkport, which was a better commute for my father. He built our home—he even dug the cellar, bought TNT and blew the ledge, and built the foundation. He was a master machinist and my mother was a homemaker. I am the youngest; I had two sisters and one brother. One sister is still living and she is in South Portland.

I attended Mass Radio & Telegraph School on Huntington Avenue in Boston, on the same block as Symphony Hall. Some of my classmates and I fixed Arthur Fiedler’s radio and phonograph, and he allowed us students to attend Boston Symphony rehearsals for free.

In the radio/telegraph course, I learned to be a radio operator on a ship. The Oceanographic Institute hired me and I worked on three ocean-going ships. The first was *The Atlantis*; the first ever ship designed for oceanographic research. WHOI started in 1930 and *The Atlantis* was delivered in 1931.

I worked on *The Atlantis* for three-and-a-half years; it was a wonderful life for a young person. We went to the Caribbean, and then to the Mediterranean—Portugal, Spain, Italy, France—two years in a row. Later I worked on *The Atlantis II*, and then *The Knorr*. I spent about fourteen years total working as a radio operator on a ship. I moved to Cape Cod when I got married in 1967. We have been married 56 years and have three children—two girls and a boy — and seven grandchildren.

I began as a volunteer fireman in West Falmouth, and in 1976 was full-time in the fire department. I went to paramedic school and became a paramedic. I still do teaching for the Fire Department, training the paramedics in CPR. I started coming to West Falmouth UMC when I was home during my time at sea.



*With my Thrift Shop
Co-Worker Cathy Tibbetts*



Working in the Thrift Shop

I enjoy working at the Thrift Shop and harassing the customers and making them laugh.

My mother was a very devout Methodist, and I decided to honor her by going to church. She was a fantastic human being.

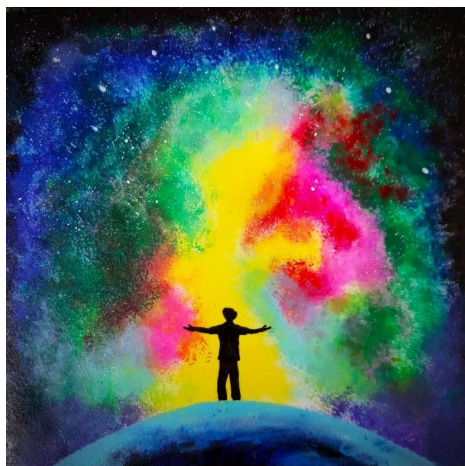
I have always believed we should just love everybody.

FAITH PROFILES will be a regular feature of our newsletter each month to help acquaint members of the three churches with each other.

INVITATION TO SMALL GROUP

Seeking the Soul

WHO AM I?



- IN PERSON -
THURSDAY,
SEPTEMBER 14, 2023
at 7:00PM
BOURNE UMC
CRAIN HALL

*email karenlillipax@gmail.com
to receive preparation materials*

September Birthdays

Linda Perry 9/6
Cathy Tibbetts 9/10
Ron Johnson Jr. 9/14
Bill MacLeod 9/14
Phil Burgess 9/15
Theo Williamson 9/16
Melissa Moesman 9/18
Dorothy Molind 9/25
Trudy Kulberg 9/21
Alden Cook 9/25
Rod Weston 9/26
Del Johnson 9/26
Betty Anderson 9/27
Caitlyn Rose Chiappini 9/27
Richard Jensen 9/27
Jean Duval 9/28
Donna Mark 9/30

September Anniversaries

John and Caryn White 9/12

Monthly Services provided by Bourne Church Laity

The Bourne church has been holding once a month worship services at Bourne Manor and at Cape Cod Senior Residences. Tracy Jaekel, Sarah Butler, Anne Marie Seitzinger, Jo Roenick and Joan Davis have been part of that ministry. If you would like to join them or would like more information call Tracy Jaekel at 941-894-7255.

Prayer List

Elwin Barnes, Yvonne Beatty, Fred Bartholomew, the Carr family, Taryn Cusolito, Dottie & Robbie Cotter, Carol Ann Dubois, family of Former Bishop Sudarshana Devadhar, Brenda Fielding, Donna Frink and family, Amy, Eric and Cheryl Johnson, Priscilla Manning, the family of Linda Maxa, Joyce McLane, Jen and Ashley Moran, family of Helen Prior, Peter Smith, Wilma and Max Smollen, Arlene and Ed Wheeler, Bishop Peggy A. Johnson, District Superintendent Wanda Santos-Perez.

September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 10am Children's Clothing Exchange
3	4	5	6 10am UWF Board Meeting	7	8	9
10 11:30 Nominating Committee	11 12:30pm UWF Regular Meeting	12	13	14 7pm Small Group	15	16
17 11:30 Outreach Meeting	18	19	20	21 5:30 Finance 6:30 Council	22	23 10am SeaWatch Condo Meeting
24	25	26	27	28	29	30

BUMC Regular Monthly Events

Sunday: 10:30am Worship
7pm Bible Book Club

Monday: 10am Meditation
8pm AA

Tuesday: 7pm AA

Wednesday: 10am Prayer Group
(2nd & 4th)

7pm: Choir Rehersal
7pm: AA

Thursday: 10am F & F
Community Playgroup
7pm AA

CUMC Regular Monthly Events

Sunday: 8:15am Choir Practice
9:00am Worship
7:30pm AA

Monday: 7:30pm NA

Tuesday: 7:30pm AA

Thursday: 6pm AA

WFUMC Regular Monthly Events

Sunday: 8:15am Worship

Wednesday: 9:30am Al-Anon

Our Thrift Shop is Open everyday except Sunday from 10am-3pm.